

## Šri Ganeša Chaturthi Celebrations Nava-Dina Mahotsavam



Friday, Aug. 18th thru Sunday, Aug. 27th, 2017

# Significance of the Rituals



Šri Nrithya Ganapati

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## ŠRI GANEŠA CHATURTHI CELEBRATIONS

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It is believed that if we were to pray to Lord *Ganeša* sincerely on *Ganeša Chaturthi* (Thursday 24<sup>th</sup>), considered to be His most auspicious day, He would remove all our obstacles, especially in our hearts.

One of the main purposes of this nine-day *Chaturthi* celebration is to give an extra boost of divine *šakti* (energy) to the main *vigraha* of *Šri Mahã Vallabha Ganapati*. This is done mainly through *japa* (repetitive chanting of a *mantra*) and *homam* (fire worship) where the divine vibrations of the *mantras* are infused in the water kept in the *kalašas*. This sanctified water is subsequently poured on Lord *Ganeša's vigraha*.



The Nava Dina (nine-day) Ganeša Chaturthi Mahotsavam (great festival) is the most important annual celebration of our Temple. Devotees with varied interests and skills, come to the Temple either individually or collectively, to pray, mingle, express themselves, serve and/or expand their horizons. This celebration offers something for everyone.

Keeping in mind the diverse ways in which people worship HIM, our wise sages have devised different rituals into our religion, thereby providing something of interest for everyone to participate in and connect with divine powers, which is the ultimate aim of all rituals.

Whether we participate in *japa*, be mesmerized by the *abhishekam* (holy bath) or gaze with devotion at the *alankāram* (special decoration) of the day, dance along with the *prākāra utsavam* (palanquin) or the *ratha yātra* (chariot procession), sing *bhajans* (devotional songs), do *seva* (serve fellow-devotees selflessly), or just enjoy the melodious music of the *nāgaswaram*, all these avenues lead us to the same goal - arresting the agitations of our mind and deriving serenity while focusing on Lord *Ganeša*.

There are many rituals to be completed each day, each with its own rationality. Understanding their meaning would give us an appreciation of the philosophy of *Sanātana Dharma*, (a.k.a. Hinduism), and also the clairvoyance of the ancient sages. This could give us Hindu awareness which in turn would help us take pride in being an informed Hindu.

# BRIEF EXPLANATIONS OF SOME OF THE RITUALS OF THE NAVA DINA UTSAVAM (NINE DAY FESTIVAL)

On Friday, August 18<sup>th</sup>, the first day, the sacred cow is brought in for the *Go (cow) Pooja*. The presence of the sacred cow ensures an auspicious beginning and the smooth sailing through all nine days.

Anujña or permission (and blessings) are sought from Šri Mahā Vallabha Ganapati and also Guru Sage Agastiyar. The main priests are chosen during the ãchārya ritvik varanam. Punyāhavāchanam cleanses and purifies the surroundings. Šri Ganeša is invoked on a clay image and placed next to the Utsava Ganeša, prayed to for the next nine days, and dissolved on the last day.

As is done before beginning any elaborate ritual, benevolent spirits are appeased to stay by the *Vãstušãnti*, and the malevolent energies are coaxed to leave the Temple by the *Paryagni karanam* by setting on fire a readily combustible black effigy and taking it around the Temple to drive the negative spirits out. To keep them out, a white pumpkin is cut, coated with red vermilion, and offered as *pravešabali* (sacrifice).





Mritsangrahanam is the collecting of soil to be distributed in odd number of pots, collectively called pālika. Nava dhānya (nine traditional grains) are sown in the pālika and watered during the yāgašala pooja. The sprouts are offered (Ankurārpanam), for the yajña's growth, and disbursed on the ninth day.

**Saturday Aug. 19<sup>th</sup>** starts with the *prākāra utsavam* (*utsava Ganeša* on a palanquin) and after *devata āvhānam* (invoking the benevolent spirits), *dhvaja ārohana* (flag unfurling) is held to the accompaniment of *Vedic* chanting and the *Nãgaswara*. This festive flag

is kept hoisted for the duration of the festival, and on the final day, it is brought down, concluding the festival.

In the yãgaśãla, Lord Ganeša is invoked on (1) the Bimba (His image in the far back), (2) kumbha (the main central kalaša or ceremonial pot), (3) agni kunda (the fire pit), (4) mandala (a colorful geometrical pattern representing Lord Ganeša), and sometimes also on (5) a yantra (a geometrical representation of Lord Ganesa's different roles and energies, on a thin metal sheet). The pradhana archaka (the main priest) is also empowered to become one with Lord Ganeša as a result of perfect harmony of his body, speech and mind. Agni, the fire God, is both a representative and a messenger.

**Agni** (fire) for the *yajña* had been drawn the previous day, directly from the sun God, *Surya*. The hot sun's rays were focused through a magnifying glass on cotton and wood shavings while chanting Vedic verses. To this fire, more flammable materials are added and preserved overnight. This fire will now be used to start the *yajña*.

At the yãgašāla, 52 kalašas representing various supporting Deities are arranged. Šri Mahã Vallabha Ganapati Pradhãna Kalaša Sthãpanam installs the main kalaša of Lord Ganeša. The yãgašãla pooja invokes the spirits into the other kalašas. Now that the yãgašãla has divine presence, the Chatur Laksha Šri Mahã



*Ganapati Moola Mantra japa/homa* (the chanting of the *moola mantra* 4000,000 times, along with the *homa* by priests) **begins.** 



Around the *prākāra* (the space around the Temple), nine *bali peethas* (raised stones for offerings) are established to honor the *ashta dik pālakas* (the divine spirits that rule over the eight directions). In the *Nava Sandhi*, offerings are made every morning and evening to these

spirits - *Indra, Agni, Yama, Nirruti, Varuna, Vãyu, Kubera, and Eešãna,* and *Brahmã*, and to appease and also thank them for their blessings.

On all the nine days, after the *abhishekam* for *Śri Mahā Vallabha Ganapati*, both the *moolavar* (the large main stone idol) and the *utsavar* (the smaller metal idol) give us *daršan* (sight) in different **special alankārams** (decorations). This is followed by *ashtotthara šata nāma archana* - the reciting of 108 descriptive names of *Śri Mahā Vallabha Ganapati*.

After the conclusion of every japa/homa session, poornāhuti, the final offering of a homa, takes place. A sample of all that was offered during the homa and other materials are bundled up in silk cloth and offered into the fire. The priest then symbolically gathers up the šakti (energy) from the fire and offers it to the main kumbha (Šri Ganapati Kalaša), and to the Bimba of Lord Ganeša. It is believed that all the Deities invoked in the homa gather around for their share of the offering and so this is an auspicious moment to get Their blessings.



At the completion of the evening session, and the morning sessions during weekends, *utsava vigraha* of *Šri Ganapati* is taken for the *prãkāra utsavam* to the yāgašala to accept the offerings of the *poornāhuti*, and back into the *Mahā Mantapa* (main Temple hall). This is followed by

bãrati, completing all rituals for that session.

In the afternoon, the *nava sandhi* and *bali pooja* gets underway. The nine directional Deities are invoked by specific *rãgās* (musical scales), *tãlās* (rhythm), *mudras* (hand gestures) and *bharata nātyam* (classical Indian dance) compositions. Offerings *(bali)* are for receiving their blessings and protection. *Sahasranāma archana* (reciting 1,008 names of Lord *Ganeša*) is performed every evening in the *Mahā Mantapa*, followed by *Šri Mahā Ganapati Upachāra Pooja* (offering special hospitalities).

Bhādrapada (Aug-Sept) šukla paksha (bright fortnight) tritiya (third lunar day), Šri Swarna Gowri Vratam is observed on Thu. 24<sup>th</sup>, in the Mahā Mantapa to honor Goddess Pārvati, the mother of Šri Mahā Vallabha Ganapati. In the Skanda Purāna Lord Šiva narrates to Lord Shanmukha that Goddess Pārvati had undertaken intense austerities for sixteen years and was finally reunited with Him. He proclaimed that anyone who prays to Goddess Pārvati sincerely on this day would be rewarded with a good husband and a happy married life.

#### <u>ŠRI GANEŠA CHATURTHI DAY -</u> THURSDAY, 24th

108 shankhas (conch shells) are installed (sthāpanam) and is sanctified with a special pooja. The sanctified teertha (sanctified water) from these shankhas is used to perform a special abhishekam on this auspicious day. Trišatināma (300 names) archana follows the special alankāram. The Mālā mantra is also chanted on this day.

As devotees, we get an opportunity to offer our devotion through the *Mrithigai Ganapati Pooja*, where we can do

pooja to a small clay *vigraha* of Lord *Ganapati*. Once this is done, we can take Him home to continue expressing our devotion and receive His blessings. This is followed by the reciting of the *Chaturthi Vrata Katha* (the holy story behind why we observe austerities on *Chaturthi* for Lord *Ganeša*.)

The other special celebration for *chathurti* day is the *dolotsavam* also known as *oonjal seva* (placing Him on a swing), where the *utsava Šri Ganeša* is placed on a swing and is gently swung while singing slow melodious songs meant to relax Him. In the *oonjal seva* we can envision ourselves giving Him tender parental affection to our Lord.

In the evening, the *Ganapati Sahasranãma Modaka Archana* with 1008 *modaka* is done while offering *modaka* (rice paste balls filled with a sweet center) for each of the 1008 *nãmã* (name). Offering Him *modaka* is special as He is believed to love *modaka* and also holds it in his one of His right hands.

The concluding highlight of this most auspicious day is the simultaneous *panchamoorthy* (five *vigrahas* of *Šri Ganapati*, *Šri Šiva*, *Šri Shanmukha*, *Šri Venkatešvara*, with their respective consorts and *Šri Hanumān*) *prākāra utsavam* - as a symbolic celebration by all the *Devatas* of this Temple.

#### SATURDAY, AUGUST 26th

In the morning, the first highlight of the day is the **Šri Siddhi Buddhi Šri Maha Vallabha Ganapati Thiru Kalyana Utsavam** (Divine wedding of *Šri Ganeša* with *Šri Siddhi* & *Šri Buddhi*). As we witness this Divine union *Šri Ganeša* would bless us and empower us with *siddhi* (success) and *buddhi* (wisdom) as we move forward on our spiritual path.

*Ganapati pooja* by children is another popular highlight. Parents and children look forward to this event eagerly. It has become the tradition of the Temple to

encourage children to participate in both the *japa* and the *pooja*. This encourages them to not only get involved in the Temple activities, but develop devotion, and an understanding and liking for rituals. This ensures the continuation of our religious culture and traditions. It is encouraging to notice that the popularity of this *pooja* has been increasing every year.



#### **CONCLUDING DAY - AUGUST 27th**

Chaturavritti Tarpanam is offered by some of the male devotees to Šri Ganapati yantra drawn on a plate, while chanting the moola mantra, asking Lord Ganeša for His blessings, and also offering back the phala (fruits) derived by the japa done by the devotee.

In the *Ratha Yātra*, *Śri Mahā Vallabha Ganapati* is visualized as the king coming around His Kingdom, blessing everyone with His *daršan*, especially devotees who are physically unable to visit the Temple. This is perhaps the much

awaited portion of the entire celebration. Chanting His name and taking Him around in a chariot enables one to offer their prayers as a group and develop a feeling of unity as the entire community comes together. The entire community participates in this joyful event.

As mentioned earlier, the main purpose of this *Nava-dina Chaturthi* celebration is to give an extra boost of divine *šakti* inherent in the *Ganapati moola* (main) *mantra* to the main *vigraha* (image) of *Šri Mahā Vallabha Ganapati*. By the end of this nine-day celebration, this purpose would be effectively accomplished.



Mahã poornāhuti is the final āhuti (offering) of the entire nava dina yajña. The kalašas with the now sanctified water are ceremoniously lifted up (Kalaša uttāpanam) and reverentially carried into the Mahã Mantapa. In the pradhāna kalaša abhishekam and avabhruta snānam, only the sacred water (teertha) from the main kalaša designated as Lord Ganeša is poured on the moolava Ganapati. No other ingredients are used in this abhishekam. Also, no special alankāram (decoration) is offered for Lord Ganeša after this avabhruta snānam.

**Dvaja avarohanam**, the bringing down of the flag from atop the dwajasthambha signals the end of the nine day celebrations. **Pālika visarjanam** is the dispersal of the new growth in a tub of water. **Kummi-kolāttam** is an informal joyous dance, where the devotees clap their hands and go around the tub. **Teerthavāri** is the immersing of the clay image of Lord Ganeša (which was kept near the utsava Ganapati) in the tub of water. **Mahā mangala hārati** is offered in conclusion of the entire celebration.

### SPIRITUAL SIGNIFICANCE OF A YAIÑA

Lord *Krishna* declares in the *Bhagavad Gita*, that *yajñas* are vital for the sustenance an growth of life. Without *yajñas*, rains may still fall, but could be out of season, scarce or excessive, destroying crops and lives. In a *yajña*, God's grace is sought for the welfare of the whole world.

*Japa* is the repeated chanting of a *mantra*. *Chatur Laksha Moola Mantra Japa* is the collective, repetitive chanting of the *moola mantra* of Lord *Ganeša* 400,000 times. It consists of root syllables, which are inherently very potent, profoundly impacting both Lord *Ganeša* and the chanter. The chanter focuses on the Deity, calming his/her mind.

Homa/Havan is the performing of ābuti, the offering of dravyas (holy materials), into the boma kunda, the fire pit, while chanting a mantra. Agni, the fire god carries the spirit of the offerings to Lord Ganeša. The yajamāna (one who performs the yajña) chants the mantra aloud and engages his body as well, by performing ābuti. This results in perfect harmony of his body, speech and mind as he merges with the Lord.

Chaturavritti (multiples of four) Tarpanam (offering) is the offering of water and milk to Šri Ganapati yantra drawn on a plate, while chanting the Ganapati moola mantra. Tarpanam, offered by male devotees, is said to purify his body, mind and soul, bringing prosperity to himself and the community. Here, we offer back the fruits of performing the japa/homa, as an expression of our selflessness. The above three parts of a yajña have the power to spiritually elevate the participant.

*Mārjanam* is the act of cleansing by sprinkling water on the *pradhāna* (main) *kalaša* designated as *Šri Mahã Vallabha Ganapati*. This is done by the head priest before the commencement of each *japa/homa* session.

**Bhojanam**, the ceremonial feeding of the priests, is the final component of the *yajña*. In this Temple during this *nava-dina mahotsavam*, beyond the stipulated bhojanam for 40 priests, more than 40,000 free food *prasãdam* packets are distributed as *Annadãnam*.

In this *Yajña*, the above five parts are aimed for 10% of the prior. The aim is for 400,000 times of *japa*, 40,000 *homa ãhutis*, 4,000 *tarpanam* offerings, 400 *mãrjanams* (sprinkling), and at least 40 *bhojanams*.

Om Sreem Hreem Kleem Glaum Gam Ganapatayé Vara Varada Sarva Janam Mé Vašamãnaya Svãha

(Šri Ganapati Moola mantra)